

5 Things You Can Do To Improve Air Quality

Make a difference today! You can help prevent pollution from reaching the air we breathe.

WHAT CAN I DO?

POTENTIAL POLLUTION SAVINGS (POUNDS PER YEAR)

HOW MANY PARTY BALLOONS WOULD THIS FILL?

 Take mass transit once a week <ul style="list-style-type: none"> • Bus • Light Rail 	179	3,000
	534	9,000
 Combine trips to reduce miles traveled by 10%	614	11,000
 Ride your bike to work or the store	828	15,000
 Carpool with a coworker	2,278	40,000
 Need a new car? Buy electric!	3,321	58,000

Share how you are making a difference on social media using #AZAirAware.

-  Twitter | @ArizonaDEQ
-  Facebook | @azdeq
-  Instagram | @azdeqgov
-  LinkedIn | Arizona Department of Environmental Quality ADEQ
-  YouTube | Arizona Department of Environmental Quality (ADEQ)

You can also:

- Ask your employer about telecommuting options
- Avoid idling
- Fuel up after dark
- Use low volatile organic compound (VOC) paints and cleaners
- Use a broom or rake, instead of a leaf blower
- Trade in that old lawn mower | azdeq.gov/lawn-and-garden-emission-reduction-programs
- Don't burn wood or debris | cleanairmakemore.com/fireplace-retrofit-program
- Help us help you fix your car if you failed emissions and get up to \$550 for repairs | azdeq.gov/vvrrp



Be Air Aware | Get Hourly Air Quality Forecasts at
azdeq.gov/forecasting