

# TAKE THE CHALLENGE:

Keep Good Food from  
Going to Waste



**TOO GOOD  
TO WASTE**

**FULL**  
.....

**7/8**  
.....

**3/4**  
.....

**5/8**  
.....

**HALF**  
.....

**3/8**  
.....

**1/4**  
.....

**1/8**  
.....

## Week 1

Find out how much food  
your household wastes.

## Weeks 2 & 3

Test strategies to  
prevent food waste.

## Week 4

See how much food  
you saved from going  
to waste!